

Intolerance of Uncertainty Scale - H - 12 items

The following are a series of statements that describe how health care providers may respond to uncertainty in their work situations. Please use the scale below to rate how well each of the following statements fits you.

| | Not at all characteristic of me | A little characteristic of me | Somewhat characteristic of me | Very characteristic of me | Entirely characteristic of me |
|---|---------------------------------------|-------------------------------------|-------------------------------------|---------------------------------|-------------------------------------|
| 1. When caring for my patients, unforeseen events upset me greatly. | 1 | 2 | 3 | 4 | 5 |
| 2. When caring for my patients, it frustrates me not having all the information I need. | 1 | 2 | 3 | 4 | 5 |
| 3. When caring for my patients, uncertainty prevents me from fully enjoying my work. | 1 | 2 | 3 | 4 | 5 |
| 4. When caring for my patients, I think that everything should be anticipated to avoid surprises. | 1 | 2 | 3 | 4 | 5 |
| 5. Even with the most careful planning when caring for my patients, a small unforeseen event can spoil everything | 1 | 2 | 3 | 4 | 5 |
| 6. When caring for my patients calls for action, uncertainty paralyzes me. | 1 | 2 | 3 | 4 | 5 |
| 7. When I feel uncertainty regarding care of my patients, I can't function very well. | 1 | 2 | 3 | 4 | 5 |
| 8. When caring for my patients, I always want to know what is going to happen. | 1 | 2 | 3 | 4 | 5 |
| 9. When caring for my patients, I can't stand being taken by surprise. | 1 | 2 | 3 | 4 | 5 |
| 10. When caring for my patients, the smallest doubt can stop me from acting. | 1 | 2 | 3 | 4 | 5 |
| 11. When caring for my patients, I would like to be able to organize everything in advance. | 1 | 2 | 3 | 4 | 5 |
| 12. When caring for my patients, I must get away from all uncertain situations. | 1 | 2 | 3 | 4 | 5 |

Score: _____

Brun, C., Zerhouni, O., Akinyemi, A., Houtin, L., Monvoisin, R., & Pinsault, N. (2023). DecidHealth Psychometric validation of the IUS-12 and IUS-12-H scales on French healthcare professionals.